

MODULE OF SKILL LABORATORY PRACTICE

BLOCK : DISASTER RELIEVE MEDICINE
TOPIC : HEIMLICH MANEUVER

I. GENERAL OBJECTIVE

After finishing skill practice of heimlich maneuver, the student will be able to do the steps of heimlich maneuver procedure correctively

II. SPECIFIC OBJECTIVES

At the end of skill practices, the student will be able to:

- a. Perform the technique of heimlich maneuver

III. SYLLABUS DESCRIPTION

Sub Module Objective

After finishing skill practice, student will be able to perform the technique of heimlich maneuver correctly.

Expected Competencies

- a. Students perform informed consent
- b. Students perform the technique of heimlich maneuver correctly

Methods

- a. Presentation
- b. Demonstration
- c. Coaching
- d. Self practices

Laboratory Facilities

- a. Skills Laboratory
- b. Clinical Instructors
- c. Student Learning guide
- d. Instructor guide
- e. References
- f. Equipment

Venue

Training room (Skills Laboratory)

Evaluation

- a. Skill demonstration
- b. Point nodal evaluation
- c. OSCE

IV. Equipment arrangement

All equipment required for this topic include :

- a. Multimedia equipment
- b. Manequin

V. LEARNING GUIDE

No.	Procedures	1	2	3
1	Say Basmalah			
2	Ask the choking person to stand if he or she is sitting			
3	Place yourself slightly behind the standing victim.			
4	Reassure the victim that you know the Heimlich maneuver and are going to help			
5	Place your arms around the victim's waist			
6	Make a fist with one hand and place your thumb toward the victim, just above his or her belly button.			
7	Grab your fist with your other hand			
8	Deliver five upward squeeze-thrusts into the abdomen			
9	Make each squeeze-thrust strong enough to dislodge a foreign body.			
10	Understand that your thrusts make the diaphragm move air out of the victim's lungs, creating a kind of artificial cough.			
11	Keep a firm grip on the victim, since he or she can lose consciousness and fall to the ground if the Heimlich maneuver is not effective.			
12	Repeat the Heimlich maneuver until the foreign body is expelled.			
13	Say Hamdalah			

VI. CRITERIA OF PERSONAL PERFORMANCE EVALUATION

SCALE	PERFORMANCE ACHIEVEMENT	COMMENT
1	If students are doing the task that only fill less than 35% of whole items for each step precisely	LOW
2	If student are doing the task that only fill 35% - 60% from whole items for each step precisely	MILD
3	If student are doing the task that only fill 60% - 78% from whole items for each step precisely	MODERATE
4	If student are doing the task that fill at least 80% from whole items for each step precisely	EXCELLENT

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