



## R. Rizky Suganda Prawiradilaga, dr., M.Kes

Department of Biochemistry, Nutrition, and Biomolecular

### Academic Career

- **Department of Nutrition, Exercise and Sports, University of Copenhagen, Denmark**
- Ph.D. in Prevention and Treatment of Lifestyle Diseases, 2020
- **University of Padjadjaran**
- Master's in Health Science (M.Kes) with a concentration in Medical Nutrition, 2010
- Bachelor's in Medical Science and M.D. (Medical Doctor), 2006

### Research and development projects over the last 5 years

- HUBUNGAN ANTARA KADAR ASAM URAT DENGAN NORMAL-WEIGHT OBESITY PADA DEWASA MUDA DAN REMAJA (STUDI KAUNORMO) | 2023-2024 | Rp. 30.000.000
- HUBUNGAN NORMOWEIGHT OBESITY DENGAN FAKTOR RISIKO PENYAKIT KARDIOVASKULAR PADA DEWASA MUDA | 2023-2024 | Rp. 30.000.000
- POTENSI EFEKTIVITAS JANGKA PANJANG LOMBA OLAHRAGA VIRTUAL SEPEDA DALAM MENINGKATKAN AKTIVITAS FISIK PADA ORANG DEWASA | 2021-2022 | Rp. 25.000.000

### Patents and proprietary rights

- HAKI – Buku: 2 jam mahir manajemen referensi menggunakan zotero, 2023
- HAKI – Book section: COVID-19 dan Tatalaksana Gizi dalam Kopidpedia: Bunga Rampai Artikel Penyakit Virus Korona (COVID-19), 2020

### Important publications over the last 5 years

- Clinical competence and professional behaviour under medical graduates' perspective (2024)
- The most influence factor of the medical competence achievement regarding patient management ability on medical school graduates.
- A feasibility study of training in a local community aimed upon health promotion with special emphasis on musculoskeletal health effects

### Employment

- **Universitas Islam Bandung**
- Lecturer, Tutor, 2010–now
- Head of Student Affairs, 2020–2021
- Head of Biomedical Laboratory, 2012–2016
- **PPSDM Geominerba**
- General Practitioner & KESDM Covid-19 Taskforce + Vaccinator team, 2020–now
- **Prodia Clinical Laboratory**
- Occupational Doctor (Medical Check-up Doctor), 2013–2016 & 2019–now
- **Puslitbang tekMira**
- General Practitioner in Company Clinic, 2013–2016
- **Ministry of Health together with the Ministry of Religion**
- TKHI Doctor (Indonesian Hajj Health Workers), 2015
- **General Election Commission of the Republic of Indonesia (KPU RI)**
- Member of PPLN (Overseas Election Committee) and Commissioner of SITUNG (Counting Information System) in Copenhagen, Denmark, 2018–2019

### Activities in specialist bodies over the last 5 years

- *IDI (Indonesian Doctors Association) | 2009–now*
- *PDGMI (Indonesian Association of Medical Nutritionists) | 2010–now*
- *PERDOKHI (Indonesian Hajj Doctors Association) | 2015–now*
- *IAPPI (Indonesian Student Association Alumni Association) | 2023–2027*
- *ASI (Indonesian Sexology Association) | 2011–now*
- *ASESCO (ESQ 3.0 Coach Association) Indonesia | 2021–now*